

Monday 16 March 2020

Hi All,

RE: Latest travel advice from Australian and NSW Governments

We are living in challenging and stressful times.

I value your ongoing care of our clients, families and community members.

Please also remember to look after yourselves and your colleagues as we navigate the complexities and changing situation facing our whole planet!

Just a quick update re latest travel advice which was announced yesterday.

Both the Australian Government Dept of Health and NSW Health advise as follows: -

If people have travelled overseas in the last 14 days, they need to isolate themselves from others for 14 days from the day they returned or arrived from overseas. This applies to everyone, even if they have no symptoms.

Source: NSW Health – ‘Home isolation guidance for close contacts and recently returned travellers’, last updated 15.03.2020

<https://www.health.nsw.gov.au/Infectious/factsheets/Pages/hubei-contacts-and-travellers.aspx>

This source provides more detailed information about how long they should isolate themselves, how to get home, monitor symptoms, activities restrictions, etc.

Source: Australian Government Dept of Health – section ‘Citizens and permanent residents returning to Australia’, last updated 15.03.2020

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-advice-for-travellers#travelling-overseas>

Please let your manager/supervisor know urgently if you need to isolate because you have returned from overseas in the last 14 days.

Cheers,

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